



Tompkins County Mental Health Services Behavioral Health Mobile Crisis Team Proposal

Version 1.0
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Presented by

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Proposal

Provide behavioral health crisis assessment, intervention, and stabilization services 24 hours per day, seven days per week, and 365 days per year

Deliver integrated community-based behavioral health crisis assessments that are

- rehabilitation and recovery focused
- culturally competent
- cost effective

Provide safe, compassionate and effective response to individuals experiencing behavioral health (BH) crisis in the community

Increase public safety

Decrease unnecessary hospitalizations for those experiencing BH crisis

Decrease unnecessary legal involvement or incarcerations for those experiencing BH crisis

Increase client participation with BH providers by problem solving around barriers and increasing knowledge of local resources

<i>Service Proposal</i>	TCMHS Behavioral Health Mobile Crisis Team
<i>Administrator</i>	TCMHS Deputy Commissioner - Sharon MacDougall Clinic Supervisor - TBA
<i>Project name</i>	Mobile Crisis Team
<i>Planning</i>	October 2016 – February 2017
<i>Start date</i>	February 2017

Schedule of Expenses

<i>Personnel</i>	<i>Schedule (Business Days)</i>	<i>Cost (On-Call)</i>	<i>Cost (Mileage Estimates)</i>
Psychiatric Social Worker (PSW) or Community Mental Health Nurse (CMHN)	Weekly On-Call Rotation Pay + Fringe Reimbursement (est)	\$13,000/yr PSW = \$51.55/ hour CMHN = \$46.87/hour	\$27/week
Caseworker	Weekly On-Call Rotation Pay + Fringe Reimbursement (est)	\$13,000/yr \$42.60/hour	\$27/week
Estimate Yearly Expenses (Based on 2hrs/wk)		\$35,791.60	\$2,808

Schedule Revenue/Payment

<i>Source</i>	<i>Reimbursement Description</i>	<i>Estimated Reimbursement</i>	<i>Estimated Yearly Revenue</i>
Medicaid and Managed Care	Crisis Intervention Billing: Clinic - CPT codes H2011, S9484, S9485	H2011 = \$79.09 per 15mins S9484 = \$477.22 per hour S9485 = \$1145.33 per 3+hours	\$37,172.05 (1hr/wk est.)
Care Compass (PPS – DSRIP) Contract (Excludes Medicaid)	In-Person Crisis De-escalation Services	\$335 / Episode	\$17,420 (1x/wk est.)
	In-Person Follow Up Services	\$235 / Episode	\$12,220 (1x/wk est.)
	Phone-Based Follow Up Services	\$20 / Episode	\$1,040 (1x/wk/est)
State Aid (OMH and OASAS)	Out Reach / Crisis	TBA	
		Estimated Yearly Revenue	\$67,852.05
Care Compass	Start Up Funds	\$50,000/ first 2yrs of participation	\$25,000

Scope of Project

Goals

- Serve Tompkins County individuals and families who are experiencing urgent concerns related to mental health and/or substance use issues
- Provide short-term crisis assessment, support, and stabilization in order to manage the crisis in the community
- Provide hospital and jail diversion linkage and support as applicable depending on the assessed needs
- Ensure continuity of care between the initial intervention and the involvement of follow-up services
- Provide MHL 9.45 assessment for referral to local 9.39 hospital if required by law
- Provide county-wide community partnership during on-site assessments with legal, ambulance, housing, and substance use services as needed

Mobile Crisis Team Roles

Lead Crisis Clinician

Qualifications

- Experienced Masters level qualified health professional (LMSW, RN, etc.) trained in dual diagnosis.
- MHL 9.45 designee

Responsibilities

- Assess immediate needs during crisis and completes crisis plan
- Link to appropriate support based on priority need to address crisis
- Partner with police, ambulance, and others during crisis assessment as needed

Care Manager

Qualifications

- Bachelors level paraprofessional trained and experienced in community intervention and linkage

Responsibilities

- Support Lead Clinician during on-site evaluation
- Communicate with collaterals during and after crisis
- Gather documentation as needed during the crisis assessment
- Complete after crisis supports and linkages as needed

Management

Currently operationalizing Mobile Crisis Team planning via TCMHS workgroup planning as lead by administration and clinic supervisors with team of clinicians and case workers.

Planned changes:

- On-call rotation addition using similar model utilized by TCMHS for CINT. Planning to utilize similar on-call rotation procedures used by TC Health and Department of Social Services.
- Additional training of on-call personnel using current staff, Center for Practice Innovation (CPI) webinars, and Suicide Prevention Services/OMH webinars and trainings.
- Contract with Care Compass for DSRIP reimbursement to help establish project and assist with reimbursement – short term start up only. (see appendix)

Engagement

- TCMHS Emergency Outreach Services (EOS) redesign and expansion to become Behavioral Health (BH) Crisis Services. Maintain much of the current daytime structure of current EOS and expand to include after-hours Mobile Crisis Team.
- Update current EOS policies and procedures for BH Crisis Services to match current OMH crisis service descriptions, implement evidence based practices, and match DSRIP goals.
- Partnership with stakeholders – planning and education:
 1. Ambulance companies for medical, psychiatric, and/or substance use stabilization transportation as needed
 2. Police or sheriff if violence/risk is suspected
 3. Youth specialist if crisis evaluation is for a child
 4. Cornell University and Ithaca College if crisis involves a student
 5. Advocacy Center if crisis involves domestic violence or sexual assault
 6. Police dispatch throughout county and 911 to reroute mental health/addiction crisis calls for phone screening
 7. Suicide Prevention to screen and coordinate calls to/from Crisis Team
 8. Cayuga Medical Center ER/flex unit for medical, psychiatric, and/or substance use evaluation
 9. Substance use detox/crisis stabilization
 10. Housing providers for homeless or crisis respite support

Professional services agreement

- Contract with Care Compass to provide 3a.ii Behavioral Health Community Crisis Stabilization Services – Mobile Intervention Services (see appendix)
- MOU update with union for on-call procedure/rotation
- Update agreement with Suicide Prevention Services to provide phone triage.