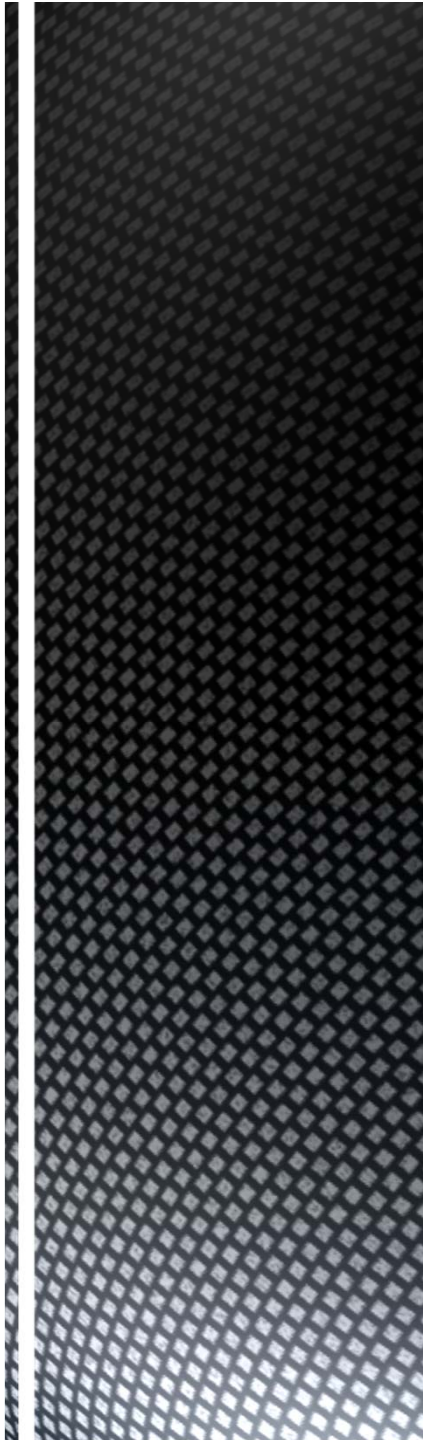


Tompkins County Mental Health Services

*Housing Levels of Care and
our Tompkins County
Providers*



What Types of Housing are available?

For TC residents diagnosed with:

- 1. Mental Illness*
- 2. Substance Use Disorder*
- 3. Intellectual Developmental Disability*

State Sponsored & Licensed Housing:

1. Office of Mental Health (OMH):
 - Congregate Housing
 - Apartment Housing
2. Office of Alcohol and Substance Abuse Services (OASAS)
 - Transitional Housing
 - Permanent Housing
3. Office of People with Developmental Disabilities (OWPDD)
 - Individualized Residential Alternatives (IRAs)

Office of Mental Health (OMH) Housing:

Congregate Housing: Designed to be transitional and lead toward independent types of housing. Staff available 24 hours a day to teach skills for living more independently.

- **Community Residence/Single Room Occupancy (CR-SRO)**
Designed as transitional-stay housing (2-5 years), and leads to more independent housing. Staffed 24 hours a day. CR = House, CR-SRO = studio apartment or shared living apartment.
- **Supported/Single Room Occupancy (SP-SRO)**
Generally considered permanent. In an SP-SRO you would live in a studio apartment. Staff at the front desk/door 24 hours each day, and some support staff are stationed in the building.

Apartment Housing: Provides support and skills training in apartment settings. Designed to be transitional (about 18 months). Shared apartment in the community with one or two roommates. Staff visit for support as needed and for independent skills development.

- **Supported Apartments**
Considered permanent housing and are the most independent type of OMH sponsored housing. Apartments are spread throughout various apartment buildings in the community. This housing option would allow you the highest degree of independence and privacy, and a minimum of staff support from the housing agency.

Office of Alcohol and Substance Abuse Services (OASAS)

Housing:

Transitional Housing includes all housing programs with an expected length of stay of more than 30 days up to 24 months.

- OASAS-certified intensive residential treatment programs
- halfway houses
- supportive living units

Permanent Housing includes all housing with an expected length of stay beyond 24 months.

- All of OASAS' permanent housing programs include rental subsidies and provide access to supportive services which assist individuals and families achieve greater independence and self-sufficiency.

Both Transitional Housing and Permanent Housing can be offered as:

Scatter-Site setting - Units in small clusters of 5-10 units in a building, with case management and employment counseling services coming to the housing sites; OR

Congregate setting - Units in one building with one or several different special need populations.

Office of People with Developmental Disabilities (OWPDD)

Housing:

Individualized Residential Alternatives (IRAs): In an IRA, OPWDD supports clients to live in a certified home in the community with a small number of other people with developmental disabilities. The agency that runs the home will make sure that there are staff there to meet clients needs and the needs of the other people living in the home.

Certified Residential Opportunities: Certified homes offer different levels of support to people who have greater needs.

Family Care: OPWDD supports clients to live in a family's home. This family care home is certified and the family care provider will make sure that you have the help you need to be safe and active, and to do the things that families do, like eating together and spending time together.

State Funding

- Supported Housing

Lakeview	Unity House	Total
28 Beds	15 Beds	43 Beds
\$273,058	\$146,296	\$419,354

- Community Residence – Single Room Occupancy

Lakeview
38 Beds
\$697,208

- Medicaid Redesign Team Supported Housing

Lakeview
5 Beds
\$48,769

- Respite Beds

Unity House
2 Beds
\$51,021

Total	
Lakeview	\$1,019,035
Unity House	\$197,317



<http://www.lakeviewmhs.org/>



<https://www.unityhouse.com/>

Tompkins County Agencies state and county approved to provide Housing

Both provide OMH, OASAS, & OPWDD housing options throughout the Finger Lakes.

Future Developments?

- Lakeview is finalizing plans to build a mixed use 60 bed apartment building on Ithaca's West Side. Tentative opening 2019 – they need community support.
- Unity House applied to provide 4 respite housing beds – pending OMH approval at this time.

Lakeview's recent building project photos



Cayuga

ADDICTION RECOVERY SERVICES

<http://www.carsny.org/>



CARS Residential Addiction Recovery Center (RARC) is a 60-bed, co-ed SUD (Substance Use Disorder) treatment program (*OASAS regulations 820*)

Future capital building project expanding to 25 new beds - OASAS awarded \$1 million in funding to support this project. Anticipating 2019 (est) opening.